

Now Scheduling Poetry
Reading, Art Project and
Speaking Opportunities

Reverend Georgia M. Reash

Creative Bio



Georgia M. Reash is a transformative multi-artist harnessing the power of creativity to heal and prevent trauma. Since 2000, her work as a poet, playwright, artist, author and lecturer has been inspired by her own mental health, spiritual and professional journey. Accompanying Georgia's arts career is her leadership as President of BrightSpot Communities LLC, a global company building vibrant, equitable and sustainable communities. In addition, she is the co-founder of I Am Woman and this is MY Story[®], a healing arts movement giving voice to the power of women.

As a visual artist, Georgia's most recent art installation, **#53 Vaginas and Vulvas[®]** (2020) offers a provocative 53-piece collection of colorful abstract vaginas and vulvas, painted in honor of the 53 U.S. million women raped between 2000 and 2020. **#53 Vaginas and Vulvas[®]** offers a unique community impact event that weaves art, words, humor and conversation into a powerful awareness experience. Additional exhibits include *Metamorphosis: A PTSD Healing Journey* (2012) and *Melodies of Reproductive Justice: The Classical Vulvas Collection[®]* (2022), a collaborative project with gender equity educator and daughter, Haley Reash-Henz.

Georgia's passion for writing spans a lifetime, with her play, *Journey of the Hummingbird Minister[®]* (2009) produced as a dynamic phoenix-rising testimony. Her first non-fiction book, *I Want Good Sex: Reclaiming the Power of Your Sensuality After Living with Abuse, Assault or Stupid Meanies[®]* (anticipated 2023), offers a creative self-help roadmap for reclaiming sensual depth, authentic sexual expression and personal identity. Her recent publication, *Finding the Home Within: Encouraging Thoughts for Those Looking for Home[®]* (2022) shares poetic encouragement for challenging times; added poetry chap books include *Weed Flowers: Sensualities[®]* (2018) and *The Creatrix Life[®]* (2008).

Georgia's creative works have also been featured via multiple competitions; Ohio Beacon Arts, Equity Literature, The Healing Arts Project, Women Who Roar, Hessler Street Fair and The Scheherazade Project. She is also the creator of multiple community based arts ventures including *The Power of Word*, *Living into Light and Dark*, and *Heal the Wound*. In the space of healing and justice-making, Georgia serves on the Board of Directors for the Scheherazade Project.

In addition to decades of study across psychological, spiritual, family and community development, Georgia's educational background includes *Social Work* (BA Social Science, Cleveland State University), *Spiritual Direction and Ministry* (Universal Life Ministries) and *Whole Systems Wellness and Healing* (Reiki Certifications). As a global mental health and community wellness advocate, she is dedicated to creating solutions for sustainable change.

Contact:

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Georgia M. Reash is a transformative multi-artist and self-help author harnessing the power of creativity to heal and prevent trauma. For the past 23 years, her work as a poet, playwright, artist, and inspirational speaker has been grounded in her own healing and empowerment journey.

With the aim of raising awareness and exploring solutions, Georgia brings together visual arts, the spoken word and community engagement as a dynamic form of 'healing place-making'. Accompanying her arts career is her work as President of BrightSpot Communities LLC, a sustainable real estate and community development company inspiring affordable, sustainable and enterprising communities.

TAILORED TOPIC LECTURES AND POETRY/PROSE/ART PROJECTS

- PTSD / Mental Health
- Sexual Assault Recovery
- Women's Sensual Power
- Sexual Sovereignty
- Breaking Generational Narratives
- Healing the Wish to Die



*Creative expression has
a way of healing the
scars of trauma; in
children, adults, families
and neighborhoods.*

*Creativity helps us
transcend and transmute
pain into something
beautiful and
empowering.*

*It gives voice to the
inner realms of our lives.*



UPCOMING PROJECTS

Poetry Reading

at
The White House
and
The Capitol Building
Saturday, July 29, 2023

As part of
The Scheherazade Project
1001 Artist Performances

Brave Me Adventure Day

Saturday, September 3, 2023
The Ledges, Summit County OH
with
Masha Reznik,
Outdoor Guide and Trainer

Trauma Healing Through the Arts

COMMUNITY IMPACT PROJECTS

- I Am Woman and this is MY Story[®] (Raleigh NC): a mental health poetry and spoken word project enabling healing for survivors of violence and community (2022).
- Heal The Wound[®]: a co-teamed workshop integrating art and poetry in education around self-abuse and reclaiming sensuality after assault or abuse. (2020)
- Leap of Faith[®]: arts-driven / multi-faith community building action workshop. (February 2020)
- Savoring The Goddess[®]: exploration of the divine feminine using the power of poetry, art and story; held in conjunction with artist / writer interview and #53VV art. (2019-2021)
- Strong Women Bond Fires[®]: interview with healers, practitioners, artists, writers and story tellers on *Sensuality and Power in Women*. (2018)
- Healing Arts for the Caregiver[®]: artist-presenter at the Cuyahoga County Mental Health Board (2019).
- The Power of Word[®]: a community dialogue series examining the power found in the intersection of the written and spoken word, art and life and community culture. (2019)
- Journey Into Light and Dark[®]: mental health dialogue and awareness through Metamorphosis art installation and Hummingbird partial performance (2019).
- The NEST[®]: a monthly total-art urban neighborhood gathering focusing on themed presentation, shared experiences and the discovery of common ground. (2019)
- The Healing Festival[®]: a community weekend festival offering creative arts and healing resources to urban neighborhood families. (2017-2018)
- Being Wonderful[®]: Multi-arts experiential workshop focusing on the exploration of self-worth and connection to community. (2017)
- Holistic Families[®]: an arts-infused parenting enrichment workshop cultivating awareness of abuse prevention, self-care and healing. (2016)
- Hummingbird at Home[®]: home-based arts and healing support gatherings. (2006 to present)

VISUAL ART INSTALLATIONS

- #53VV — 53 Vaginas and Vulvas[®], (2020) an imaginative 53-piece collection of distinctive delicious paintings honoring the beauty of all women survivors; serves as a creative catalyst for community dialogue and systems improvement sessions.
- *Metamorphosis*[®], a 16-piece installation portraying the inner healing and empowerment process associated with PTSD recovery; integrated into theater productions.

BOOKS AND POETRY CHAPS

- *I Want Good Sex: Reclaiming Your Sensuality After Living with Abuse, Assault or Stupid Meanies* (Fall 2023)
- *Finding the Home Within*[®] (2022)
- *Weed Flowers Book 1 - Sensualities*[®] (2018)
- *Journey of the Hummingbird Minister*[®] (2008)